

WSSL RTP Visiting Teams

- 1) Health Certifications:
 - Visiting team must take temperature of all players, coaches, staff and spectators on the morning of game
 - Visiting team must submit the WSSL Visiting Team Questionnaire and Waiver on the day of the game and at least two hours prior to game time. Link is on the wssl.org homepage and HERE
- 2) Spectators are limited to two accompanying parents or one caregiver (except at SUNY Purchase which currently has a NO spectator rule and parents/caregivers must wait in the car)
- 3) Face Coverings:
 - Required at all times for Coaches, Referees and Spectators
 - Players may remove face coverings only when on the pitch and engaged in socially distanced warm ups, and during the game itself (face coverings must be worn when on the sideline and subbing out)
 - Face coverings must be worn during all team meetings and when the coaches/trainers are speaking with the players.
 - Face coverings must fully cover nose and mouth and loop around the ears to secure (mask may not be lowered below the nose or the chin)
 - Gaiters, vented masks, bandanas and plastic shields without an acceptable face covering underneath are not permitted. See photos on page 3.
- 4) Teams must carry hand sanitizer and/or wipes and the sanitizer/wipes must be available for players and spectators (can be a supply kept by the coach or team manager) and for Parks Department enforcement to see if requested
- 5) Maintain social distance of 6 feet at all times
 - No hugs, high fives or huddles
 - Teams must not congregate at the field before or after games (other than for the pre-game warm up)
 - Teams must maintain distance when lining up for check-in and during water breaks and team meetings
- 6) Teams may enter field only 30 minutes prior to the start of game to allow prior game to clear the field
- 7) Teams must clear field within 10 minutes after conclusion of the game
- 8) No snacks or other food to the field (please eat before you come or after you leave)
- 9) Players must come dressed and ready to play (no changing at the field)
- 10) Players should not touch equipment – only coaches/trainers
- 11) All trash must be collected and discarded

12) Domestic Travel – While asymptomatic travelers entering New York from another U.S. state or territory **are no longer required** to test or quarantine as of April 1, 2021, quarantine (consistent with the CDC recommendations for international travel), is **still recommended by NYS** for domestic travelers who are not fully vaccinated or have not recovered from laboratory confirmed COVID-19 during the previous 3 months. Symptomatic travelers must immediately self-isolate and contact the local health department or their healthcare providers to determine if they should seek COVID-19 testing.

WSSL is following these recommendations and is **requiring** they be followed by all of its players, coaches and spectators (other than those who are fully vaccinated or have recovered from COVID-19 in the past 3 months) before returning to WSSL activities, and strongly recommends that all visiting teams also adhere to these recommendations:

- Get tested with a viral test 1-3 days before your return
- Get tested with a viral test 3-5 days after travel
- If you don't get tested, refrain from all WSSL activities for 10 days after travel
- Avoid being around people who are at increased risk for severe illness for 14 days, whether you get tested or not
- Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms

13) International Travel – WSSL follows the CDC and NYS guidance and requires that all players, coaches and spectators (whether home or visiting team) refrain from attending WSSL activities (and test) if they travel internationally until they have complied with the guidelines below:

- Get tested with a viral test 1-3 days before your return
- Get tested with a viral test 3-5 days after your return, plus:
 - Even if you test negative, wait a full 7 days before returning to any WSSL activities.
 - If your test is positive, isolate yourself to protect others from getting infected.
- If you don't get tested, refrain from WSSL activities for 10 days after your return
- Avoid being around people who are at increased risk for severe illness for 14 days, whether you get tested or not
- Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms

If you are fully vaccinated, you only need to get tested; you do not need to refrain from WSSL activities once you have received a negative test result. Those that have recovered from COVID-19 in the past 3 months, do not need to test and may return to WSSL activities immediately.

Symptoms of Coronavirus (COVID-19)

Know the symptoms of COVID-19, which can include the following:



Symptoms can range from mild to severe illness, and appear 2-14 days after you are exposed to the virus that causes COVID-19.

Seek medical care immediately if someone has emergency warning signs of COVID-19.

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

This list is not all possible symptoms. Please call your healthcare provider for any other symptoms that are severe or concerning to you.



cdc.gov/coronavirus

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In the event of illness, stay at Home regardless of what you think is causing your symptoms

If you are confirmed or suspected to have COVID-19 notify WSSL, at covidreporting@wssl.org

Permitted**:



**cloth masks should be at least 2 layers

Not Permitted:

